

## Summit Ministries Standing Orders Summer 2016

**First check for drug allergies. If not allergic, summer staff has permission to administer the following as directed. In all cases product labeling should be followed.**

Ibuprofen 2 tablets (400 mg) PO q 4 hrs for pain.

Acetaminophen 1-2 tablets (500-1000 mg) PO q 4 hrs for pain or temp > 99 (Do not exceed 4gm in 24 hours)

Cetirizine HCl (Zyrtec) 1 tablet (10 mg) PO one a day for allergy symptoms.

Diphenhydramine (Benadryl) 1-2 tablets (25-50 mg) PO q 4-6 hrs for allergic reaction. Not to exceed 12 tab./24 hrs.

Guaifenesin syrup 2-4 teaspoons PO q 4 hrs for cough and chest congestion.

Phenylephrine HCl 2-4 tablets (20-40 mg) PO q 4-6 hrs nasal congestion.

Hydrocortisone Cream 0.5-1% applied topically to affected area for itch relief. Not to exceed 4 applications/day.

Antibiotic Ointment applied topically to affected area for prevention of infection. Not to exceed 3 applications/day.

Overcounter antidiarrheal 2 tablets PO after first loose bowel movement, then 1 tablet after each subsequent loose bowel movement. Not to exceed 4 tab/day for 2 days.

Pepto-Bismol per directions for heartburn, indigestion, upset stomach, nausea, diarrhea.

Overcounter laxative per directions for constipation.

Overcounter antacid PO q 4 hrs for minor stomach upset.

Overcounter cough drops PO as needed for coughs and sore throat.

Epipen 0.3mg IM injection for anaphalactic emergency (e.g. beesting) in known allergic patient. To be used in conjunction with 911 call.

Albuterol inhaler 2 puffs PO 4 times a day as needed for obvious exhalant wheezing. To be followed with physician/urgent care/Emergency room visit with no prior history of asthma.

---

Gregory Sharp, MD  
Summit Ministries Camp Physician/Medical Director

Julianne Peters, RN  
Camp Nurse

Date \_\_\_\_\_